

INFO FOR CARERS AND BABYSITTERS

Kids' names and ages: _____

Parents' full names: _____

Phone: _____ Mobile: _____

Home address and phone number: _____

I'll/We'll be at (address): _____

Phone: _____ Mobile: _____

Australian Emergency numbers – police/fire/ambulance: 000

Poisons Information Centre: 13 11 26

Neighbour's name, house number and phone number: _____

Back-up relative or special friend's name and phone number: _____

Kids' doctor's name and phone number: _____

After-hours doctor-visit service: _____

Our children's painkiller is kept: _____

First-aid box is kept: _____

Torch is kept: _____

Nappies or pull-ons are kept: _____

Towels are kept: _____

Kids' bedding is kept: _____

Garbage bags are kept: _____

Cleaning stuff is kept: _____

Toilet rolls are kept: _____

Extra house information: _____

Kids' bedtime: _____

Usual bedtime ritual (including whether nappy necessary): _____

Any other needs: _____

Special instructions: _____

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